Title: [Insert title here]

Abstract:

[Insert abstract here]

1. Introduction

[Insert body of Introduction here]

2. Methods

[Insert body of Methods here, mention IRB approval]

3. Results

[Insert body of Results here]

3.1 Example of first subsection (SS)

And continue writing as normal underneath.¹

3.1.1 May even expand to a third level heading if needed.A third level header is the maximum amount.

3.2 Example of second SS

As above.

4. Discussion

[Insert body of Discussion here]

4.1 Limitations

Include limitations section.

5. Conclusion

[Insert body of Conclusion here]

References

- 1. Reference 1
- 2. Reference 2, etc.